

LUNCH MENU

STARTERS...

- ◇ **BLACK PUDDING SPRING ROLLS** (1, 4, 7, 13, 14) -
Black Pudding with Streaky Bacon and Apple in a Spring Roll Pastry served with Fire Roasted Pepper Relish. €10.50
- ◇ **GOLDEN FRIED BREADED MUSHROOMS** (1, 4, 7) -
Stuffed with Mozzarella Cheese & served with Light Garlic Dip. €9.50
- ◇ **SEAFOOD CHOWDER** (1, 3, 5, 7, 8) (GF on request) - €10.95
- ◇ **HOMEMADE SOUP OF THE DAY** (1, 2, 7) (GF on request) - €6.95
Soup & Chowder are served with Multigrain Sourdough Bread
- ◇ **CHICKEN & BACON CAESAR SALAD** (1, 4, 5, 7) (GF on request) -
Grilled Chicken and Bacon accompanied with Baby Gem, Egg, Cherry Tomatoes, Parmesan Shavings, Red Onion, Melba Toast. Drizzled with Caesar Dressing. €10.50
Main Course €17.95
- ◇ **GOATS CHEESE&WINE INFUSED PEAR SALAD** (9, 10, 14) (GF) -
Baked Goats Cheese served with Red Wine Poached Pears, Roasted Almonds, Green Leaves, Cherry Tomatoes, Red Onion and Honey & Mustard House Dressing. €10.95
Main Course €18.50

SANDWICH CORNER....

- ◇ **PULLED PORK SANDWICH** (1, 4, 7, 9, 12, 14) -
Slow Cooked Pulled Pork Neck served in a BBQ Black Sesame Bun. Served with Red Onion Marmalade, Homemade Apple Mousse, Chips and Red Cabbage Slaw. €13.50
- ◇ **CLUB SANDWICH & SOUP OF THE DAY** (1, 2, 4, 7) -
Chicken, Ham & Egg Sandwich with Green Leaves, Red Onion, Light Chipotle Mayonnaise. Served with a Bowl of Homemade Soup of the Day. €13.95
- ◇ **BLT BUN - BACON, LETTUCE & TOMATO** (1, 4, 7, 12) -
Grilled Bacon, Lettuce and Tomato served in a Black Sesame Bun with Chipotle Mayo and Skinny Chips. €11.95

SIDE ORDERS...

- ◇ **SKINNY CHIPS** €4.20
- ◇ **SWEET POTATO CHIPS** €4.95
- ◇ **SIDE SALAD** €4.50
- ◇ **AU GRATIN POTATOES** €4.95
- ◇ **VEGETABLES** €4.20
- ◇ **CREAMY MASH POTATOES** €4.00

(GF) - Gluten Free dish

Please advice your server about your dietary requirements.



MAIN COURSE...

- ◇ **HOMEMADE CHICKEN CURRY** (1,14) -
Medium Spicy Chicken and Vegetable Curry, served with Basmati Rice. €18.50
- ◇ **GARLIC & CHIVE SAUSAGES** (1, 14) -
Bangers and Mash. Grilled Garlic & Chive Sausages served with Red Onion Marmalade. Accompanied with Roast Jus. €15.50
- ◇ **ROAST SIRLOIN OF IRISH BEEF** (14) (GF) -
Served with Thyme and Red Wine Jus. Accompanied with Creamy Mash Potatoes and Vegetables of the Day. €18.50
- ◇ **PAN FRIED FILLET OF HAKE** (5, 7, 14) (GF) - Fillet of Hake served with Lemon and Dill Sauce, Vegetables and Mash Potato. €18.50
- ◇ **HOMEMADE IRISH ANGUS BEEF BURGER** (1, 4, 7, 9, 12, 13) (GF on request) - Served in BBQ Black Sesame Bun with Smoked Cheddar Cheese, Streaky Bacon, Tomato, Red Onion, Green Leaves and Fire Roasted Pepper Relish. Accompanied with Skinny Chips. €19.95
- ◇ **BEER BATTERED FISH AND CHIPS** (1, 4, 5, 9, 14) -
Battered Fillet of Hake served with Homemade Tartare Sauce, Green Leaves Salad and Chips. €18.95
- ◇ **PASTA CARBONARA** (1, 4, 7, 14) -
Fresh Tagliatelle with Mushrooms, Onions, Streaky Bacon cooked in a Creamy White Wine Sauce finished with Parma Reggiano Shavings. Accompanied with Garlic Bread. (ADD CHICKEN €2.00) €16.95
- ◇ **GOATS CHEESE & VEGETABLE BURGER** (1, 4, 12) (GF on request) -
Served in a BBQ Black Sesame Bun with Sweet Potato Chips, Chef's Light Chili Sauce, Baby Gem Salad and Balsamic Vinaigrette. €19.50
- ◇ **FLAME GRILLED 10oz SIRLOIN STEAK** (1, 4, 7, 14) (GF on request)
Sirloin Steak served with Onion Rings, Sautee Mushrooms. Choice of: Au Gratin Potatoes, Skinny Chips or Mash Potato. Peppercorn Sauce or Garlic Butter €31.95

ALLERGEN'S LIST

- (1) - Gluten, (2) - Celery, (3) - Crustaceans, (4) - Eggs, (5) - Fish, (6) - Lupin, (7) - Milk, (8) - Molluscs, (9) - Mustard, (10) - Nuts, (11) - Peanuts, (12) - Sesame Seeds (13) - Soya, (14) - Sulphur dioxide

LUNCH MENU

HOMEMADE DESSERTS...

- ◇ **FLAVOURED CHEESECAKE OF THE DAY** (1, 7, 14) -
Served with Freshly Whipped Cream €7.95
- ◇ **ETON MESS** (7) (GF) -
Crushed Meringue with Whipped Cream, Strawberries, Raspberry Coulis and Strawberry Ice Cream €7.95
- ◇ **STICKY TOFFEE PUDDING** (1, 4, 7) -
Served with Vanilla Ice Cream and Butterscotch Sauce € 7.95
- ◇ **HOMEMADE CRUMBLE OF THE DAY** (1, 7) -
Served with Sauce Anglaise & Glenown Vanilla Ice Cream €7.95
- ◇ **SELECTION OF GLEOWN FARM ICE CREAM** (7) (GF) -
Topped with Fruit Coulis and Chocolate Shavings €7.95

TEA AND COFFEE SELECTION...

- ◇ **AMERICANO** €3.50
- ◇ **CAPPUCINO** €3.95
- ◇ **LATTE** €3.95
- ◇ **FLAT WHITE** €3.95
- ◇ **MOCHA** €4.50
- ◇ **ESPRESSO** €3.50
- ◇ **HOT CHOCOLATE** €4.50
- ◇ **BARRYS TEA** €3.20
- ◇ **HERBAL TEA SELECTION** €3.95

OPENING HOURS:

MONDAY & TUESDAY — CLOSED
WEDNESDAY & THURSDAY—12.30 – 8pm
FRIDAY & SATURDAY—12.30—9pm
SUNDAY—12.30—8pm

